

SCHEDULE A
Performance Benchmarks
ACT

Output	Financial Year	Activity	Performance Benchmark
Routine and Universal Screening for perinatal depression	2010-11	<p>Women presenting for antenatal and postnatal care at ACT Health facilities are offered screening for Perinatal Depression using the Edinburgh Postnatal Depression Scale (EDPS).</p> <p>The routine offering of the EDPS (by antenatal and postnatal services) is standard practice and is defined in the Standard Operating Procedures of Midwives and Maternal and Child Health Nurses. In addition, this is the recommended standard practice in the ACT Maternity Shared Care Guidelines, used across the ACT by public and private health services, and by General Practice.</p>	100% of ACT Government services offer routine and universal screening for perinatal depression
	2011-12	Continuation of current practice of ACT Government services offering routine and Universal Screening for perinatal depression.	100% of ACT Government services offer routine and universal screening for perinatal depression
	2012-13	Continuation of current practice of ACT Government services offering routine and Universal Screening for perinatal depression.	100% of ACT Government services offer routine and universal screening for perinatal depression

Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	<p>In the ACT follow up support and care for women assessed as being at risk of or experiencing perinatal depression is achieved through:</p> <ol style="list-style-type: none"> 1. ACT Government Health Directorate's Perinatal Mental Health Consultation Service that provides specialised consultation and treatment in the pre-conception, pregnancy and postnatal stages for women and families who present with moderate to severe mental health disorders, and includes specialist counselling, psychiatry and psychology services. 2. A Service Funding Agreement 2010 – 2013 with the Post and Antenatal Depression Support and Information Inc. - (PANDSI) which is a community organisation that seeks to empower people affected by maternal depression through advocacy, support and education. This is achieved through professionally facilitated support groups that are supported by free childcare and telephone outreach services. 	Data is provided from the services funded by the ACT Government and the NPDI that provide follow up support and care for women assessed as being at risk of or experiencing perinatal depression.
	2011-12	Continuation of services funded by ACT Government and the NPDI to provide follow up support and care for women assessed as being at risk of or experiencing perinatal depression.	Data is provided from the services funded by the ACT Government and the NPDI that provide follow up support and care for women assessed as being at risk of or experiencing perinatal depression.
	2012-13	Continuation of services funded by ACT Government and the NPDI to provide follow up support and care for women assessed as being at risk of or experiencing perinatal depression.	Data is provided from the services funded by the ACT Government and the NPDI that provide follow up support and care for women assessed as being at risk of or experiencing perinatal depression.

Workforce training and development for health professionals	2010-11	<p>The ACT will develop an <i>ACT Health Professionals Education and Training Framework for Perinatal Mental Health</i>. This will be undertaken in consultation with the ACT Implementation Committee for the NPDI.</p> <p>The framework will identify education and training for health professionals employed in ACT Health services, including:</p> <ul style="list-style-type: none"> • Induction training; • Updates and in-service sessions; <p>and</p> <ul style="list-style-type: none"> • Support for health professionals to undertake post graduate education. 	Framework completed by December 2011.
	2011-12	<p>ACT will implement the <i>ACT Health Professionals Education and Training Framework for Perinatal Mental Health</i> and will report data on:</p> <ul style="list-style-type: none"> • Induction training; • Updates and in-service sessions; <p>and</p> <ul style="list-style-type: none"> • Support for health professionals to undertake post graduate education. 	Data is provided from 100% of education and training programs
	2012-13	<p>ACT will implement the <i>ACT Health Professionals Education and Training Framework for Perinatal Mental Health</i> and will report data on:</p> <ul style="list-style-type: none"> • Induction training; • Updates and in-service sessions; <p>and</p> <ul style="list-style-type: none"> • Support for health professionals to undertake post graduate education. 	
Research and data collection	2010-11	ACT routinely audits data on the number of women attending ACT Government services who are screened with the EPDS.	Data is provided from 100% of ACT services.
	2011-12	ACT routinely audits data on the number of women attending ACT Government services who are screened with the EPDS.	Data is provided from 100% of ACT services.
	2012-13	ACT routinely audits data on the number of women attending ACT Government services who are screened with the EPDS.	Data is provided from 100% of ACT services.

Community awareness relating to the importance of detection, treatment and management of perinatal depression	2010-11	<p>The ACT Government Health Directorate has entered into a Service Funding Agreement with the Post and Antenatal Depression Support and Information Inc. (PANDSI) for the period 2010 – 2013.</p> <p>PANDSI is contracted to report data by the end of July and the end of January each year on:</p> <ul style="list-style-type: none"> • Telephone Outreach services • Health Promotion actions. 	<p>Data is provided on the number of PANDSI:</p> <ul style="list-style-type: none"> • Calls to the telephone outreach service; and • Health Promotions Activities.
	2011-12	<p>The ACT will report PANDSI data as contracted (by the end of July and the end of January each year) on:</p> <ul style="list-style-type: none"> • Telephone Outreach services • Health Promotion actions. 	<p>Data is provided on the number of PANDSI:</p> <ul style="list-style-type: none"> • Calls to the telephone outreach service; and • Health Promotions Activities.
	2012-13	<p>The ACT will report PANDSI data as contracted (by the end of July and the end of January each year) on:</p> <ul style="list-style-type: none"> • Telephone Outreach services • Health Promotion actions. 	<p>Data is provided on the number of PANDSI:</p> <ul style="list-style-type: none"> • Calls to the telephone outreach service; and • Health Promotions Activities.