

**Performance Benchmarks
NSW**

Output	Financial Year	Activity	Performance Benchmark
Routine and Universal Screening for perinatal depression	2010-11	SAFE START (perinatal psychosocial assessment and depression screening) implemented in antenatal care and child and family health services; implementation of NSW Health/ <i>Families NSW Supporting Families Early Package</i> .	Proportion of services providing screening
	2011-12	SAFE START (perinatal psychosocial assessment and depression screening) implemented in antenatal care and child and family health services; implementation of NSW Health/ <i>Families NSW Supporting Families Early Package</i> .	Increase in proportion of services providing screening from previous year.
	2012-13	SAFE START (perinatal psychosocial assessment and depression screening) implemented in antenatal care and child and family health services; implementation of NSW Health/ <i>Families NSW Supporting Families Early Package</i> .	Increase in proportion of services providing screening from previous year.
Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	SAFE START Multidisciplinary Case Discussion (MCD) Meetings implemented in antenatal and postnatal/community health centres; Mental Health, Drug & Alcohol and other relevant Services represented at SAFE START MCD Meetings. 3 New Specialist Perinatal Mental Health Teams Established 3 New Sustaining NSW Families (SNF) Teams Established	Proportion of services providing SAFE START MCD Meetings Set target # families accessing service SNF Teams operational
	2011-12	SAFE START Multidisciplinary Case Discussion (MCD) Meetings implemented in antenatal and postnatal/community health centres; Mental Health, Drug & Alcohol and other relevant Services represented at SAFE START MCD Meetings. Specialist Perinatal Mental Health Teams Sustaining NSW Families Teams 5 FTE new specialist perinatal mental health workers	Increase in proportion of services providing SAFE START MCD Meetings from previous year 80% target # families accessing service SNF Teams operational New specialist perinatal mental health workers recruited

	2012-13	<p>SAFE START Multidisciplinary Case Discussion (MCD) Meetings implemented in antenatal and postnatal/community health centres; Mental Health, Drug & Alcohol and other relevant Services represented at SAFE START MCD Meetings.</p> <p>Specialist Perinatal Mental Health Teams</p> <p>Sustaining NSW Families Teams</p> <p>Specialist perinatal mental health workers</p>	<p>Increase in proportion of services providing SAFE START MCD Meetings from previous year</p> <p>90% target # families accessing service</p> <p>SNF Teams operational</p> <p>New specialist perinatal mental health workers recruited</p>
Workforce training and development for health professionals	2010-11	<p>NSW Supporting Families Early (SFE) and SAFE START Assessment and Screening Online Training</p> <p>External provider engaged to develop training from existing SAFE START Training and deliver through targeted workshops to a broader audience of key partners and networks throughout NSW.</p>	<p># Health Professionals completed training</p> <p>Engage supplier to deliver NPDI Networking and Education Project</p>
	2011-12	<p>SFE & SAFE START Online Training</p> <p>SAFE START Response Training developed and available online</p> <p>Training extended to wider audience including GPs, NGOs and Private sector</p>	<p># Health Professionals completed training:</p> <p>MH and D&A Professionals completed specialist training</p> <p>Networking and Education workshops delivered</p>
	2012-13	<p>SFE & SAFE START Online Training</p> <p>SAFE START High Risk Response Training</p> <p>Training extended to wider audience including GPs, NGOs and Private sector</p>	<p># Health Professionals completed training.</p> <p>MH and D&A Professionals completed training</p> <p>Networking and Education workshops delivered</p>
Research and data collection	2010-11	<p>Evaluation of perinatal depression screening through external consultant.</p> <p>Evaluation of specialist perinatal and infant mental health teams through external consultant.</p>	<p>Biannual progress reports – evaluation of perinatal depression screening</p> <p>Biannual progress reports – evaluation of specialist perinatal mental health services</p>

	2011-12	Evaluation of perinatal depression screening through external consultant. Evaluation of specialist perinatal and infant mental health teams through external consultant.	Biannual progress reports – evaluation of perinatal depression screening Biannual progress reports – evaluation of specialist perinatal mental health services
	2012-13	Evaluation of perinatal depression screening through external consultant. Evaluation of specialist perinatal and infant mental health teams through external consultant.	Biannual progress reports – evaluation of perinatal depression screening Biannual progress reports – evaluation of specialist perinatal mental health services
Community awareness relating to the importance of detection, treatment and management of perinatal depression	2010-11	Perinatal mental health (PMH) community awareness activity and resources	Wide distribution of PMH resources throughout NSW for Mental Health Month
	2011-12	Perinatal mental health (PMH) community awareness activity and resources	Wide distribution of PMH resources throughout NSW for Mental Health Month and PND Awareness Week
	2012-13	Perinatal mental health (PMH) community awareness activity and resources	Wide distribution of PMH resources throughout NSW for Mental Health Month and PND Awareness Week