

Performance Benchmarks Northern Territory

Output	Financial Year	Activity	Performance Benchmark
Routine and Universal Screening for perinatal depression	2010-11	<p>Development of NT perinatal mental health screening guidelines and protocols</p> <p>Perinatal depression screening in primary, private and specialist health care settings</p> <p>Development of culturally adapted version of a perinatal depression screening tool</p>	<p>Completed</p> <p>Screening implemented at 2 public hospital sites</p> <p>Screening implemented at 2 rural/remote health clinics (DH and AMSANT)</p> <p>Screening implemented at all urban DH community care centers (6)</p> <p>'Perinatal depression screening tool cultural adaption' pilot trial commenced in 2 sites (2 Aboriginal language groups)</p>
	2011-12	<p>Development of NT perinatal mental health screening guidelines and protocols</p> <p>Perinatal depression screening in primary, private and specialist health care settings</p> <p>Development of culturally adapted version of a perinatal depression screening tool</p>	<p>Published and available via DH mental health website</p> <p>Screening implemented at remaining 3 public hospital sites</p> <p>Screening implemented at 10 rural/remote health clinics (DH and AMSANT)</p> <p>Screening implemented at all urban DH community care centers</p> <p>General Practitioners supported to uptake screening</p> <p>Private hospital and associated obstetric practices supported to uptake screening</p> <p>Pilot trial at 2 sites completed and evaluated</p>
	2012-13	<p>Development of NT perinatal mental health screening guidelines and protocols</p> <p>Perinatal depression screening in primary, private and specialist health care settings</p>	<p>Included in relevant clinical manuals at time of revision eg CARPA manual</p> <p>Ongoing screening at all 5 public hospital sites</p> <p>Screening implemented at 20 rural/remote health clinics (DH and AMSANT)</p> <p>Screening implemented at all urban DH community care centers</p> <p>General Practitioners supported to uptake screening</p> <p>Private hospital and associated obstetric practices supported to uptake screening</p> <p>Relevant Non Government Support</p>

		Development of culturally adapted version of a perinatal depression screening tool	agencies supported to uptake screening Culturally appropriate perinatal depression screening tool available for NT remote health clinics
Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	Development of NT perinatal depression pathways to care protocols Local NT pathways to care mapped Development of NT wide Specialist Perinatal Mental Health Consultation Team	Pathways to care protocols completed Specific referral pathways developed for sites commencing screening Team established and functioning by March 2011, initially in Darwin region
	2011-12	Development of NT perinatal depression pathways to care protocols Local NT pathways to care mapped Development of NT wide Specialist Perinatal Mental Health Consultation Team	Pathway protocols published and available via DH website Specific referral pathways developed for sites commencing screening Team role expanded to provide NT wide service
	2012-13	Development of NT perinatal depression pathways to care protocols Local NT pathways to care mapped Development of NT wide Specialist Perinatal Mental Health Consultation Team	Pathway protocols included in relevant clinical manuals at time of revision eg CARPA manual Specific referral pathways developed for sites commencing screening Team provides NT wide service
Workforce training and development for health professionals	2010-11	Development of training and education packages Upskilling of existing workforce in perinatal mental health NT health professional students graduate with knowledge and skills in perinatal mental health	Basic skills package developed Training delivered to: Gove region – 1 session Alice springs region – 1 session Darwin region – 2 sessions (training in basic skills, target 10 - 20 participants per session) Basic training provided to: Charles Darwin University – 1 session and training package made available to relevant CDU educators
	2011-12	Development of training and education packages Upskilling of existing workforce in perinatal mental health	Intermediate skills package developed Training delivered to: 5 x public hospitals and 1 x private hospital 5 training sessions to community

		<p>NT health professional students graduate with knowledge and skills in perinatal mental health</p> <p>NT wide access for health professionals to online training/e-learning packages</p>	<p>based staff (urban and remote) including GP's and NGO staff</p> <p>(training in basic/intermediate skills offered, target 10 – 20 participants per session)</p> <p>Training provided to: CDU – 1 session</p> <p>Bachelor Institute of Indigenous Tertiary Education – 1 session</p> <p>Online training/e-learning packages developed</p>
	2012-13	<p>Development of training and education packages</p> <p>Upskilling of existing workforce in perinatal mental health</p> <p>NT health professional students graduate with knowledge and skills in perinatal mental health</p> <p>NT wide access for health professionals to online training/e-learning packages</p>	<p>Advanced skills package developed</p> <p>Training delivered to: 5 x health regions targeting hospital and community based staff (including GP's and NGO staff) – monthly sessions available</p> <p>(training in basic/intermediate/advanced skills offered, target 10 – 20 participants per session)</p> <p>Training provided to: CDU – 1 session BIITE – 1 session</p> <p>Webpage for health professionals with access to online training/e-learning</p>
Research and data collection	2010-11	Collection of minimum data required by Commonwealth (ie number of women screened/ number of women referred on for treatment) from NT electronic medical record systems	Mapping of existing data collection systems and capabilities completed
	2011-12	Collection of minimum data required by Commonwealth (ie number of women screened/ number of women referred on for treatment) from NT electronic medical record systems	Pilot perinatal mental health data item modifications to DH electronic medical record systems Minimum data collection commenced by December 2011
	2012-13	Collection of minimum data required by Commonwealth (ie number of women screened/ number of women referred on for treatment) from NT electronic medical record systems	Implementation of perinatal mental health data item modifications to DH electronic medical record systems in accordance with outcome of pilot New electronic medical records systems have perinatal mental health data items added Minimum data collection continued

Community awareness relating to the importance of detection, treatment and management of perinatal depression	2010-11	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Development of culturally appropriate community awareness resources</p>	<p><i>Beyondblue</i> resources on perinatal mental health available through all DH child and family health and maternity services</p> <p>Development of resources (booklets/posters) commenced in 2 Aboriginal languages (pilot screening program)</p>
	2011-12	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Development of culturally appropriate community awareness resources</p> <p>Community awareness displays during postnatal depression awareness week (November)</p> <p>Development of DH perinatal mental health community information webpage</p>	<p><i>beyondblue</i> resources on perinatal mental health available through all DH child and family health and maternity services</p> <p>Resources made available to all primary, secondary and tertiary health care services/NGO's</p> <p>Resources completed/evaluated in 2 languages</p> <p>Health care sites supported to participate in postnatal depression awareness week and materials provided</p> <p>Perinatal mental health web page developed</p>
	2012-13	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Development of culturally appropriate community awareness resources</p> <p>Community awareness displays during postnatal depression awareness week (November)</p> <p>Development of DH perinatal mental health community information webpage</p>	<p><i>beyondblue</i> resources on perinatal mental health available through all DH child and family health and maternity services</p> <p>Resources made available to all primary, secondary and tertiary health care services/NGO's</p> <p>Variety of resources (including written and audio booklets and posters) available in Aboriginal languages</p> <p>Health care sites supported to participate in postnatal depression awareness week and materials provided</p> <p>Community awareness/resource web page available NT wide</p>