

## Performance Benchmarks

## QUEENSLAND

Output	Financial Year	Activity	Performance Benchmark
Routine and Universal Screening for perinatal depression	2010-11	<p>Queensland NPDI Steering Committee membership includes mental health, maternity and general practice representation.</p> <p>Antenatal screening is available at all Queensland Health (QH) maternity services.</p> <p>Postnatal screening is included in the intervention package for the Health Home Visiting pilot program.</p>	<p>6 NPDI Steering Committee meetings held per year.</p> <p>All QH maternity services screening by December 2010.</p> <p>Average screening rate of 70% of women offered routine universal psychosocial screening in QH maternity services.</p> <p>EPDS and Safe Start Psychosocial Screen included in the screening tools used by Health Home Visiting staff in four areas.</p>
	2011-12	<p>Antenatal screening continues to be available at all QH maternity services.</p> <p>Continuation of NPDI Steering Committee.</p> <p>Private health sector represented on NPDI Steering Committee to support the uptake of routine universal screening in the private health sector (obstetricians, private midwives).</p> <p>Define potential project regarding the introduction of routine screening to private obstetricians, practice nurse and birthing facilities.</p>	<p>Average screening rate of 70% of women offered routine universal psychosocial screening in QH maternity services.</p> <p>6 NPDI Steering Committee meetings held per year.</p> <p>Representative identified and invited to participate in the steering committee.</p> <p>Project identified.</p>
	2012-13	<p>Antenatal screening continues to be available at all QH maternity services.</p> <p>Continuation of NPDI Steering Committee.</p>	<p>Average screening rate of 75% of women offered routine universal psychosocial screening in QH maternity services.</p> <p>6 NPDI Steering Committee meetings</p>

		Project regarding the introduction of routine screening to private obstetricians, practice nurse and birthing facilities.	held per year.  Project regarding increasing the uptake of routine screening to private health birthing facilities completed.
Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	Perinatal Mental Health Nurse positions established in Queensland Health mental health services to enhance the capacity of specialist mental health services to work in partnership with the primary care sector to provide a pathway to care for women screened as moderate to high risk of perinatal disorders.  Local perinatal and infant mental health (PIMH) service provider networks support the establishment and maintenance of care pathways for women, infants and families.	6 FTE Perinatal Mental Health Nurse positions funded and established (Metro South (2), Metro North (2), Gold Coast and Cairns).  2 PIMH service provider networks established.
	2011-12	Perinatal Mental Health Nurse positions established in QH mental health services to enhance the capacity of specialist mental health services to work in partnership with the primary care sector to provide a pathway to care for women screened as moderate to high risk of perinatal disorders.  Health Service Districts that have established Perinatal Mental Health Nurses in 2010-11 have identified and documented local pathways to care.  Local PIMH service provider networks support the establishment and maintenance of care pathways for women, infants and families.  Perinatal mental health service development initiatives funded and completed in Mt Isa and Mackay.	10 FTE Perinatal Mental Health Nurse positions funded and established (Metro South (2), Metro North (2), Gold Coast, Sunshine Coast, Central Queensland, Toowoomba, Townsville, and Cairns).  6 local pathways to care have been documented.  4 PIMH networks established.  Perinatal mental health service development initiatives in Mt Isa and Mackay documented.
	2012-13	Perinatal Mental Health Nurse positions established in QH mental health services to enhance the capacity of specialist mental health services to work in partnership with the primary care sector to provide a pathway to care for women screened as moderate to high risk of perinatal disorders.  Health Service Districts that have established Perinatal Mental Health Nurses in 2010-11 and 2011-12 have identified and documented local pathways to care.	12 FTE Perinatal Mental Health Nurse positions funded and established (Metro South (2), Metro North (2), Gold Coast, Ipswich, Sunshine Coast, Wide Bay, Central Queensland, Toowoomba, Townsville, and Cairns).  10 local pathways to care have been documented.

		Local PIMH service provider networks support the establishment and maintenance of care pathways for women, infants and families.	6 PIMH service provider networks established.
Workforce training and development for health professionals	2010-11	<p><i>Universal Psychosocial Screening</i> training package developed and distributed to all QH maternity, child health and mental health services.</p> <p><i>Universal Psychosocial Screening</i> training package distributed to general practices and non-government service providers.</p> <p><i>Universal Psychosocial Screening</i> training provided to QH staff.</p> <p><i>Universal Psychosocial Screening</i> training provided to private sector (GPs, Practice Nurses and Obstetricians).</p> <p>Perinatal and infant mental health (PIMH) training delivered to QH, general practice, and non-government workforce.</p> <p>Indigenous perinatal mental health practice forum.</p> <p>Development of Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) webpages (intranet and internet accessible) including information regarding access to training and library resources.</p> <p>PIMH relevant e-books available on Clinicians Knowledge Network (CKN).</p>	<p><i>Universal Psychosocial Screening</i> training package developed.</p> <p>300 training packages distributed to QH services.</p> <p>30 training packages distributed to general practices.</p> <p>60 training packages distributed to non-government service providers.</p> <p>6 <i>Universal Psychosocial Screening</i> training sessions held with private sector providers.</p> <p>4 <i>Universal Psychosocial Screening</i> training sessions held with private sector providers.</p> <p>15 PIMH training sessions held with QH staff.</p> <p>5 PIMH training session held with general practice staff.</p> <p>5 PIMH training session held with non-government service providers.</p> <p>Indigenous perinatal mental health practice forum held.</p> <p>QCPIMH webpages developed and operational.</p> <p>30 PIMH relevant e-books available on</p>

		CKN.
2011-12	<p>Ongoing distribution of <i>Universal Psychosocial Screening</i> training package across QH, general practice and non-government sectors.</p> <p><i>Universal Psychosocial Screening</i> training provided to QH and the private sector (GPs, Practice Nurses and Obstetricians).</p> <p>Perinatal and infant mental health (PIMH) training delivered to QH, general practice, and non-government workforce.</p> <p>PIMH multidisciplinary professional networks.</p> <p>Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) webpages (intranet and internet accessible) maintained with updated content.</p> <p>PIMH relevant e-books available on Clinicians Knowledge Network (CKN).</p>	<p>50 additional training packages distributed across sectors.</p> <p>10 <i>Universal Psychosocial Screening</i> training sessions held with QH and private sector providers.</p> <p>25 PIMH training sessions held with QH, general practice, and non-government service providers.</p> <p>2 PIMH professional networks established.</p> <p>New content on QCPIMH webpages.</p> <p>40 PIMH relevant e-books available on CKN.</p>
2012-13	<p>Ongoing distribution of <i>Universal Psychosocial Screening</i> training package across QH, general practice and non-government sectors.</p> <p><i>Universal Psychosocial Screening</i> training provided to QH and the private sector (GPs, Practice Nurses and Obstetricians).</p> <p>Perinatal and infant mental health (PIMH) training delivered to QH, general practice, and non-government workforce.</p> <p>PIMH multidisciplinary professional networks.</p> <p>Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) webpages (intranet and internet accessible) maintained with updated content.</p> <p>PIMH relevant e-books available on Clinicians Knowledge Network (CKN).</p> <p><i>Universal Psychosocial Screening</i> training package available online for access by all QH staff.</p>	<p>50 additional training packages distributed across sectors.</p> <p>5 <i>Universal Psychosocial Screening</i> training sessions held with QH and private sector providers.</p> <p>20 PIMH training sessions held with QH, general practice, and non-government service providers.</p> <p>4 PIMH professional networks established.</p> <p>New content on QCPIMH webpages.</p> <p>45 PIMH relevant e-books available on CKN.</p> <p><i>Universal Psychosocial</i></p>

			Screening training package available on the QH intranet.
Research and data collection	2010-11	Perinatal and infant mental health (PIMH) service mapping.  Business rules to support the collection of perinatal mental health service data.	PIMH service mapping data entered into database.  Business rules to support the collection of perinatal mental health service data commenced.
	2011-12	PIMH service mapping.  Business rules to support the collection of perinatal mental health service data.	New PIMH service mapping data entered into database.  Business rules to support the collection of perinatal mental health service data finalised.  Perinatal mental health service data available.
	2012-13	PIMH service mapping.  Perinatal mental health service data.	New PIMH service mapping data entered into database.  Perinatal mental health service data available.
Community awareness relating to the importance of detection, treatment and management of perinatal depression	2010-11	Indigenous Perinatal and Infant Mental Health (PIMH) Promotion DVD ( <i>Stay connected stay strong...before and after baby</i> ) resource.  Indigenous PIMH promotion print resources project  PIMH information provided at Brisbane Baby Expo.  Promotion and distribution of <i>beyondblue</i> perinatal mental health promotion materials.	DVD completed and launched (80 attendees).  200 DVDs distributed.  Development of Indigenous PIMH promotion print resources commenced.  PIMH stall at Brisbane Baby Expo.  1,000 orders placed for <i>beyondblue</i> perinatal mental health promotion materials for distribution throughout Queensland.

	Development of print materials to support parents/caregivers with children 0 to 3 years to cope with the aftermath of natural disasters.	Print materials developed.
2011-12	<p>Indigenous Perinatal and Infant Mental Health (PIMH) Promotion DVD (<i>Stay connected stay strong...before and after baby</i>) resource.</p> <p>Indigenous PIMH promotion print resources project.</p> <p>Postnatal Depression Awareness Week.</p> <p>PIMH information provided at Brisbane Baby Expo.</p> <p>Promotion and distribution of <i>beyondblue</i> perinatal mental health promotion materials.</p> <p>Distribution of print materials to support parents/caregivers with children 0 to 3 years to cope with the aftermath of natural disasters.</p>	<p>300 DVDs distributed.</p> <p>500 packs of print resources distributed.</p> <p>6 Postnatal Depression Awareness Week activities conducted by QH.</p> <p>PIMH stall at Brisbane Baby Expo.</p> <p>10% increase (from 2010-11 baseline) in the number of orders placed for <i>beyondblue</i> perinatal mental health promotion materials for distribution throughout Queensland.</p> <p>200 print materials distributed.</p>
2012-13	<p>Indigenous Perinatal and Infant Mental Health (PIMH) Promotion DVD (<i>Stay connected stay strong...before and after baby</i>) resource.</p> <p>Indigenous PIMH promotion print resources project.</p> <p>Indigenous version of 'Getting to Know You' DVD.</p> <p>Postnatal Depression Awareness Week.</p> <p>PIMH information provided at Brisbane Baby Expo.</p> <p>Promotion and distribution of <i>beyondblue</i> perinatal mental health promotion materials.</p>	<p>300 DVDs distributed.</p> <p>500 packs of print resources distributed.</p> <p>Indigenous version of 'Getting to Know You' DVD developed.</p> <p>8 Postnatal Depression Awareness Week activities conducted by QH.</p> <p>PIMH stall at Brisbane Baby Expo</p> <p>10% increase (from 2011-12 baseline) in the number of orders placed for <i>beyondblue</i> perinatal</p>

			mental health promotion materials for distribution throughout Queensland.
--	--	--	---