

Performance Benchmarks Tasmania

Output	Financial Year	Activity	Performance Benchmark
Routine and Universal Screening for perinatal depression	2010-11	<p>Meeting arranged with private Obstetricians across Tasmania to implement routine screening, one meeting planned for the South.</p> <p>Meetings to discuss implementation of the EPDS in private hospitals throughout the state.</p> <p>Screening to commence by Aboriginal Workers in country areas in Tasmania.</p> <p>Screening to occur at 6-8 weeks postnatally and again at 6-8 months</p>	<p>Commenced and ongoing</p> <p>Commenced and ongoing</p> <p>Commenced and ongoing</p> <p>Commenced by all Child Health and Parenting Services. Ongoing needs follow up with GP's and private obstetricians and pediatricians.</p>
	2011-12	<p>Screening to commence antenatally at major birthing hospitals in the state</p> <p>Employment of 3 clinicians in each region to support the implementation of the NPNDI-</p> <p>Development of Tasmanian perinatal mental health screening guidelines and protocols.</p> <p>Hospital antenatal clinic protocols-updated to include screening for depression risk.</p> <p>Work with General Practitioners in rural areas to encourage routine screening.</p>	<p>Three public hospitals screening</p> <p>Employed by June 2012</p> <p>Dissemination and completion of documents out for discussion</p> <p>Audit of the number of GP's to determine the numbers who are screening.</p>
	2012-13	<p>Where possible screening to commence in rural areas (mainly by General Practitioners and CHAPS staff)</p> <p>Perinatal depression screening in primary, private and specialist health care settings.</p>	<p>75% of practitioners screening</p> <p>75% of private and public settings screening by June 2013</p>

Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	Mapping of services in each region throughout Tasmania Work with Country division of General Practitioner networks to develop pathways to care.	Completed Commenced and ongoing
	2011-2012	Development of Tasmanian perinatal depression pathways to care protocols. Pathways to care to be developed for all 3 regions across Tasmania	Pathways of care protocols to be completed Proportion of services providing treatment Obstetrics, Child Health and Parenting Services, Women's and Children's Services, Mental Health Services
		Generic pathways to be put into Tasmania Perinatal Depression Practice guidelines.	Completed June 2012
		Provide information sessions to adult mental health workers about screening and likely referral pathways (Project Officer)	Number of sessions conducted
2012-2013	That discussion occurs between all major public hospitals to identify the possibility that beds be available for inpatient services for women with moderate to severe perinatal depression when required and that treatment is based on evidence based model of care. Discussion with all key stakeholders re brokering beds in regional areas. Consider options for facilities for women who require inpatient services. Ongoing employment and funding of the perinatal mental health clinicians	Discussions occurred across the regions with key stakeholders Discussion paper completed 3 fulltime equivalent perinatal mental health clinicians	
	2012-13	As funding permits develop an implementation plan of a state wide Perinatal and Infant Mental Health Service	Service is provided across the state
Workforce training and development for health professionals	2010-11	Development of training and education packages Up skilling of existing workforce in perinatal mental health Basic skills training provided to primary care health professionals(Project Officer) Use of Beyondblue resource materials in training (Project Officer)	Basic skills package developed Training delivered to 25 health professionals around the State from PIRI Victoria Commenced targeted 100 staff to date Used in all training and community awareness events
		2011-12	Training in Perinatal Mood Disorders and the use and

		<p>misuse of the EPDS for all indigenous workers across the state</p> <p>Develop links with UTAS</p> <p>Dissemination of ongoing training, educational and conference materials relating to maternal and infant mental health</p> <p>Training and workforce development of advanced skills in assessment, and treatment of complex care in perinatal mood disorders and attachment available for all key stakeholders</p> <p>Tasmanian wide access for health professionals to online training/e-learning packages.</p>	<p>Commenced and ongoing</p> <p>Commenced and ongoing</p> <p>Targeted 200 attendees to conference in Hobart , November 2011</p> <p>Targeted 100 attendees November 10th and 11th 2011</p> <p>Web page for health professionals with access to online training/e-learning</p>
	2012-2013	<p>Getting training and e-learning resources accredited by Royal College of General Practitioners and Australian College of Nursing and other disciplines</p> <p>Continue targeted and intermediated training as needed</p>	<p>e-learning and face to face training course accredited by Royal Australian College of General Practitioners and Australian College of Nursing</p> <p>All staff to attend ongoing training in Perinatal Depression</p>
Research and data collection	2010-11	Mapping of existing data collection being undertaken	Commenced
	2011-12	<p>Discussions to occur about options for a database for Perinatal Mental Health Clinicians</p> <p>Feasibility study to pilot collecting data from RHH on Perinatal Mental Health (Initial Comprehensive Assessment Form)</p> <p>Consider database options to consider data collection Identify the collection of minimum data required by Commonwealth (i.e. number of women screened/number of women referred on for treatment)</p> <p>Identify options for talking about sharing of information from regional services</p>	<p>Has been developed To commence March 2012</p> <p>Pilot perinatal mental health Assessment forms</p> <p>Minimum data collection commenced March 2012</p> <p>Discussion paper disseminated to key stakeholders and decisions made about sharing this information.</p>
	2012-13	Relevant data is collected to capture information regarding PND	Audit data collection and identify perinatal

			mental health data
Community awareness relating to the importance of detection, treatment and management of perinatal depression	2010-11	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Development of culturally appropriate community awareness and resources</p> <p>All public hospitals/regions to have a display in postnatal depression awareness week, November 15th</p>	<p>All women attending antenatal and postnatal appointments</p> <p>Distribution of resources (booklets/posters) commenced in Aboriginal languages</p> <p>All sites across the state</p>
	2011-12	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Tasmanian Early Years Foundation in conjunction with Statewide Mental Health Services conference to raise awareness and educate the community about PND.</p> <p>Statewide Mental Health Service facilitate a statewide training programs for health professionals on PND mood disorders and attachment.</p> <p>All public hospitals/regions to have a display in postnatal depression awareness week in November</p>	<p>Resources made available to all primary, secondary and tertiary health care services/CSO.</p> <p>200 participants attend and media coverage of the event</p> <p>100 participants attend the training and media coverage of the training.</p>
	2012-13	<p>Distribution of <i>beyondblue</i> resources on perinatal mental health</p> <p>Development of DHHS perinatal mental health community information webpage</p>	<p>Resources made available to all primary, secondary and tertiary health care services/CSO.</p> <p>Community awareness/resource web page available Tasmania wide</p>