

Performance Benchmarks (VICTORIA)

Output	Financial Year	Activity	Performance Benchmark
Follow up support and care for women assessed as being at risk of or experiencing perinatal depression	2010-11	Roll out of new treatment services for women through the: <ul style="list-style-type: none"> perinatal emotional health program in rural and regional Victoria; services through the Post and Antenatal Depression Association; psychological services funded at early parenting centres; and additional medical training positions in perinatal mental health. 	Commence the delivery of additional treatment services
	2011-12	Roll out of new treatment services for women through the: <ul style="list-style-type: none"> perinatal emotional health program in rural and regional Victoria; services through the Post and Antenatal Depression Association; psychological services funded at early parenting centres; and additional medical training positions in perinatal mental health. 	Increase additional treatment services to women by at least 10% from the previous year.
	2012-13	Roll out of new treatment services for women through the: <ul style="list-style-type: none"> perinatal emotional health program in rural and regional Victoria; services through the Post and Antenatal Depression Association; psychological services funded at early parenting centres; and additional medical training positions in perinatal mental health. 	Increase additional treatment services to women by at least 10% from the previous year.
Routine and Universal Screening for perinatal depression	2010-11	Maternal Child Health Liaise with the Victorian Department of Education and Early Childhood Development on the implementation of the NHMRC recommended assessment tool and commence planning to introduce universal routine screening through the universal maternal child health service.	Commence the process of implementation of universal screening.
		Maternity Services Liaise with Maternity and Newborn Program, Department of Health on the implementation of the NHMRC recommended assessment tool and commence planning to introduce universal routine screening through maternity services.	
	2011-12	Maternal Child Health Agreement on where screening will be implemented in the maternal child health service Key Ages and Stages. Training developed for maternal child health nurses on the new universal screening protocol. Training delivered for maternal child health nurses.	Increase in the number of women screened both ante and postnatally by at least 5% from the previous year.
Maternity Services Agreement on when screening will be implemented in the maternity services visits. Training developed for maternity services on the new universal screening protocol. Training delivered for maternity services.			
2012-13	Maternal Child Health Training and support for routine and universal screening in Victoria's maternal child health services.	Increase in the number of women screened both ante and postnatally by at least 5% from the previous year.	

		Maternity Services Training and support for routine and universal screening in Victoria's maternity services.	
Workforce training and development for health professionals	2010-11	Delivery of orientation and program training for the perinatal emotional health program. Establishment of medical registrar positions in infant mental health and perinatal mental health Liaise with Victorian General Practice (VGP) to discuss communication of the screening recommended by NHMRC to General Practitioners (GPs) who provide shared care for pregnant women.	Two training courses delivered. Registrar positions established at two tertiary hospitals.
	2011-12	Delivery of orientation and program training for the perinatal emotional health program. Development of specialist training in perinatal mental health for psychologists, social workers, mental health nurses, general practitioners, psychiatrists and other interested workforces. Dessimination of information available through the perinatal psychotropic drug information service via conferences. Delivery of training in working with culturally and linguistically diverse women with perinatal mental health concerns. Development of training in the NHMRC assessment tool for midwives, maternal child health and shared care general practitioners. Medical registrar positions filled.	Two training courses delivered Training course developed Presentations at two conferences per annum and online material updated quarterly. Four training courses delivered. Training course finalised and trialled. Medical registrars placed at three tertiary hospitals.
	2012-13	Delivery of training programs as listed in 2011/12	Training courses delivered will depend on demand and reach of 2011-12.
Research and data collection	2010-11	Design evaluation of the perinatal emotional health program. Trial of an early parenting centre program – Playsteps	Establish data readily available through the perinatal emotional health programs for evaluation. Ethics approval and training underway.
	2011-12	Evaluation of the perinatal emotional health program Establishment of a metropolitan perinatal emotional health program trial. Trial of an early parenting centre program - Playsteps	Results from the evaluation of rural and regional PEHP
	2012-13	Evaluation of the perinatal emotional health program Roll out of a metropolitan perinatal emotional health program trial.	Results from the Year 2 evaluation of rural and regional PEHP and Year 1 of metropolitan PEHP.
Community awareness relating to the importance of detection, treatment and management of perinatal	2010-11	Perinatal Emotional Health Program workers presenting information about perinatal mental health at antenatal classes and new parent's groups. Release of a directory of services for women with pre and postnatal depression on the PANDA website.	Total number of secondary and other contact hours for PEHP (includes groups and secondary consultation) Annual reports on web

depression		Development of a web portal with information for communicating with women and families with perinatal mental health concerns from culturally and linguistically diverse backgrounds.	activity for the website.
	2011-12	<p>Perinatal Emotional Health Program workers presenting information about perinatal mental health at antenatal classes and new parent's groups.</p> <p>Access for PANDA Directory of Services Release of a directory of services for women with pre and postnatal depression on the PANDA website.</p> <p>Development of a web portal with information for communicating with women and families with perinatal mental health concerns from culturally and linguistically diverse backgrounds.</p>	<p>Total number of indirect contact hours for PEHP (includes groups and secondary consultation)</p> <p>Increase by 5% in hits on PANDA website.</p>
	2012-13	<p>Perinatal Emotional Health Program workers presenting information about perinatal mental health at antenatal classes and new parent's groups.</p> <p>Release of a directory of services for women with pre and postnatal depression on the PANDA website.</p> <p>Development of a web portal with information for communicating with women and families with perinatal mental health concerns from culturally and linguistically diverse backgrounds.</p>	<p>Total number of indirect contact hours for PEHP (includes groups and secondary consultation)</p> <p>Increase by 5% in hits on PANDA website.</p> <p>Count of hits on web portal for culturally and linguistically diverse backgrounds.</p>